



Cold Calling Playbook

2026

Benchmarks, what's working
now, and how top teams adapt.



Welcome

Cold calling is not dead. It is more selective. The teams that win combine **better lists, peer-level conversations, and a simple follow-up system** that creates second conversations. This playbook distills what operators are doing today so you can calibrate benchmarks, fix lists, and coach reps on what actually moves meetings.



Target
8 to 12 live
conversations per hour



for healthy through put.



Phone is still the number one way to get the first meeting.

— Bora



Just picking up the phone is already a win.

— Lauren

Tech Shifts

-  Email deliverability tightened.
-  iOS and Android screening increased.
-  Carriers flag spammy patterns.
-  Parallel dialing introduced audible delays and trust issues.
-  Power dialing with context is outperforming.
-  Human context matters again.
-  Reps who sound like peers earn time on the calendar.
-  AI SDR hype cooled as teams rediscovered the phone.



Volume doesn't win. Targeting plus deliberate outreach does.

— Michael



Parallel delays hurt credibility. We reverted to power dial.

— Samuel



Technology matters because the game is getting harder.

— Kevin



Large orgs reported moving from parallel to power dial due to drops and delays.



Lists Are Strategy

Your list is the strategy. In some regions the data gap is real. 30–35% of person data is out of date, 40% of senior execs are not on LinkedIn, and 40% of companies are not on the internet. Multi-number records and verified mobiles beat clever scripts. Account relevance comes before contact volume.

Agencies now lean on modern data providers like **Salesbot to expand TAM with verified mobiles and fresh records** — instead of relying on legacy datasets with 30–35% decay.



30–35%
of records out of date



40%
of execs not on LinkedIn



40%
of companies have little or no online presence



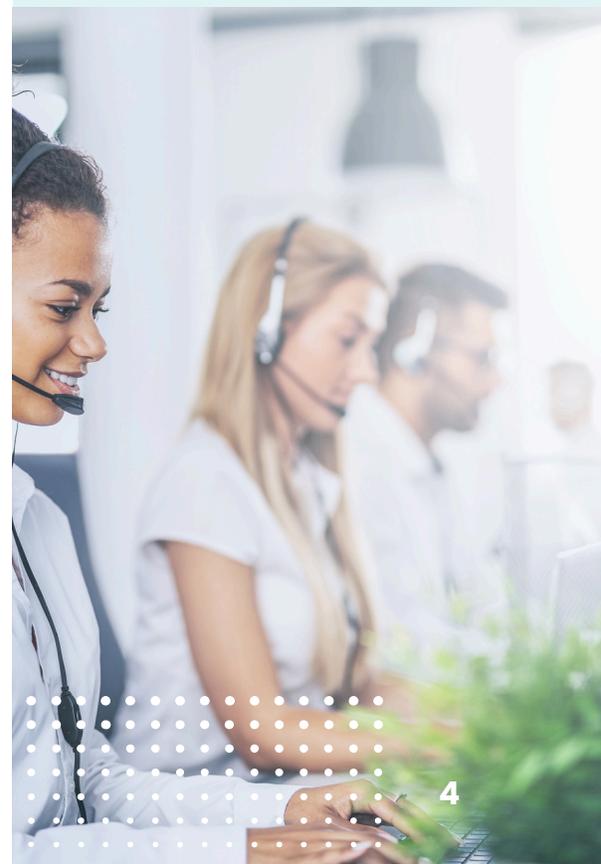
Data is the number one issue.

— Cate



We can only find phone numbers for 25 percent in some spaces.

— Assia



Track Predictors

Track the few numbers that predict meetings. Dial to connect (D2C) on cold lists lands around 4–6%. Target 8–12 conversations per hour. Measure conversation to meeting by segment.

A real-day pattern: 80 dials = 5 yes, 15 “send email,” 10 not interested, rest callbacks. Success is more than meetings — count qualified info requests and routed contacts.



Some teams track D2C inside their data platforms (like **Salesbot**) so they can re-score accounts automatically and push only healthy records into dialer queues.

DIAL TO CONNECT (D2C)

	What	% of dials that reach a human
	Why	First gate — no connects, no meetings
	How	Dials × D2C = connects; connects × meeting rate = meetings



The list is the strategy.

— Blair



First Calls

Phone first with clean numbers and a power dial workflow. Use permission openers and context-first intros. Run account-based sequencing so reps can pull the right contacts as signals show. Keep research tight and relevant. Do not rely on fluff. The goal of the first call is a useful second conversation.



Clean means verified. Agencies running on **Salesbot** data report 80–90% mobile accuracy, which keeps reps in conversations instead of voicemails.

BEST PICKUP WINDOWS:

- ✓ 11–12
- ✓ 2–3
- ✓ 4–5 local time

What Doesn't Work



Spray and pray email does not move pipeline.



Generic pattern interrupts get eye-rolls.



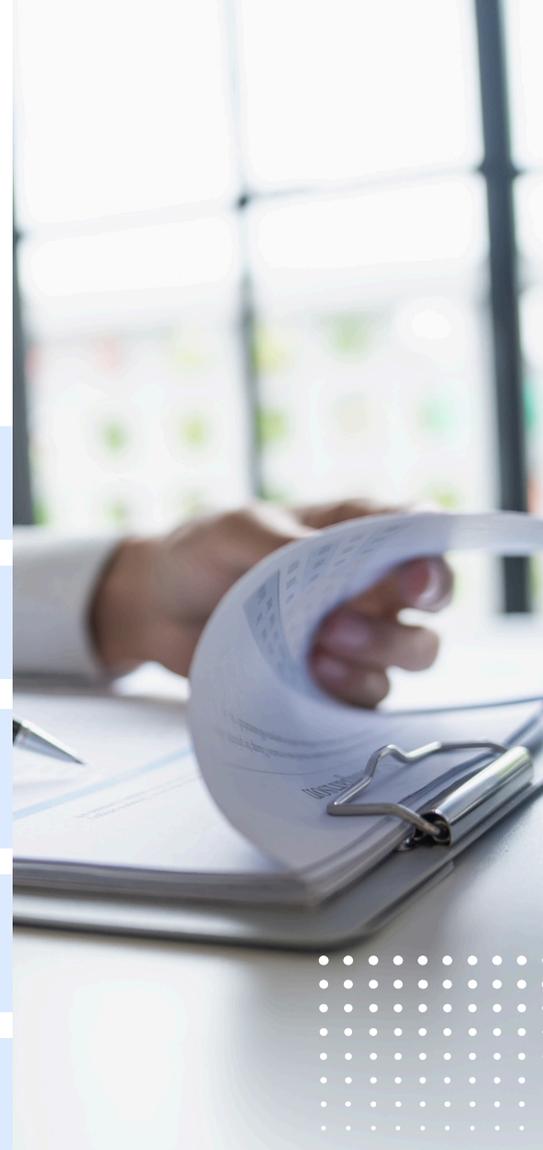
Intent signals that don't map to behavior waste time.



Parallel dialers that introduce delay or trigger spam marks hurt trust.



Click-to-dial is too slow for volume.



Spray and pray emails never worked. Now they don't work at all.

— Lauren



Intent noise can hurt more than help.

— John



Teams reported audible delay and dropped connects on parallel dialers.



Follow Up Discipline

Treat first connects as option-preserving moments. **Do not try to cram discovery into 60 seconds.** Map outcomes to four paths and route fast: Yes, No, Not Me, Not Now. Pair each with a single clear next step. **The compounding effect of follow ups is real and measurable.**



Create the signals that people act on later.

— Shawn



Follow ups drive

2x to 12x

more positive outcomes than first connects.

Cadences and Rhythm

Adopt account-based rhythms. **A simple outbound pattern is 12–15 steps over 20 days.** Day 1 stacks phone, email, and a LinkedIn connection. Top reps complete the sequence. For inbound, call immediately and concentrate touches inside the first 10 days.

OUTBOUND CADENCE = 12–15 STEPS ACROSS 20 DAYS.



Sequence the account, not just the individual.

— John



Sample 12-Step Cadence
(20 days)

Day 1 AM

Call #1 (no VM)

Day 1 PM

Email #1 (short value)

Day 2

LinkedIn connect

Day 3

Call #2 (VM if email sent)

Day 5

Email #2 (reply-bump)

Day 7

LinkedIn message #1

Day 8

Call #3

Day 10

Email #3 (proof/case)

Day 12

Call #4 (permission-based)

Day 14

LinkedIn message #2

Day 17

Call #5 (final call)

Day 20

Email #4 (close the loop)



Account Validation

Validate accounts before contacts. Kill aspirational ICPs that don't match buyers. Tier personas from 1 to 3 and re-score every 4 weeks. Store multiple numbers per record. Expect some markets to be light on mobiles and use reception and switchboard intelligently.

Modern tools like **Salesbot** let teams re-run these loops with suppression, enrichment, and fresh verification every sprint — so the same account doesn't get recycled blindly.

- ✓ Run lists in four-week loops.
- ✓ Kill losers fast. Scale winners.
- ✓ Re-score accounts each sprint.



Only 25 percent of our numbers are mobile in some spaces.

— Simon

Using AI Wisely

Use AI where it is strong today: research briefs, account scoring, call transcription, QA coaching, rebuttal libraries. AI helps prioritize accounts and tighten talk tracks. Treat mass personalization claims with caution. Many leaders still see noisy intent and mediocre bulk copy. Dialer health, number rotation, and spam checks matter as carriers tighten rules.

Salesbot applies agenic AI at the list level — prioritizing accounts, flagging stale contacts, and enriching with new numbers — so reps spend time on conversations, not guesswork.



Teams use AI for research and QA. Few rely on AI agents to place calls.



I haven't seen mass personalization work yet.

— John



More context makes the ice break quicker.

— Ariel



AI is great for research, scripting, transcription, and rebuttals.

— Stephen

Copy You Can Use

Keep it short and respectful. Earn permission. Lead with context. Offer a simple value strip.



Permission:

“Hi [Name], I can be brief. I called because [context]. If it’s not relevant, tell me and I’ll hop off.”



Context:

“I just spoke with three [role] leaders in [industry]. They’re wrestling with [problem]. Want the 20-second version to see if this is worth a longer chat?”



Value Strip:

“In 30 seconds I can share how teams like [peer] reduce wrong-number dials and lift connects. Up for it?”



Gatekeeper Posture:

Respect the role, state the reason, ask for help, be clear and concise.



**Be human.
No tricks.**

— Richard



**Short, direct,
under 30 seconds.**

— Moiz



Gatekeeper wins come from clarity and respect, not hacks.

90-Day Plan

Make calling feel easier. Celebrate micro-wins like qualified conversations and clean hand-offs. Train persona fluency and improv. Review calls weekly. Target conversations per hour, not raw dials.

90-DAY PRIORITIES



Clean numbers and add multi-lines per record



Adopt power dial workflow with spam health checks



Move to account-based cadences and complete them



Install four-response routing for follow ups



Hold weekly call reviews with objection practice



Score/tier ICP weekly and re-analyze every 4 weeks



Healthy throughput: **8-12** conversations/hour



Just getting reps to dial is a win.

— Lauren



Conversations all day, every day.

— Kevin



Cold calling will thrive for those who get better.”

— MariAnne

What Agencies Still Miss

Top agencies don't just rely on lists and cadences. They win by layering coaching, metrics, and reporting discipline.

BENCHMARKS BY PERSONA

SaaS mid-market:



Enterprise CIO



VP Sales/RevOps



COACHING FRAMEWORK

Open:

Earn permission in 15 seconds

Context:

Tie relevance to account

Close:

Route outcome cleanly

DASHBOARD METRICS

Dials → Connects → Conversations → Meetings → Pipeline
Cuts by time of day, rep, persona



OBJECTION PLAYS

- “Send me an email” → “Happy to, but can I share 20 seconds first?”
- “We use ZoomInfo” → “Makes sense. Many do. They often need more verified mobiles. Worth a compare?”
- Gatekeeper pushback → Respect, clarify, ask for help

TECH STACK

Data (verified multi-numbers), power dialer, CRM, AI assist, spam health. For agencies, **Salesbot often sits at the foundation of the stack** – verified numbers and agenic AI search feeding into dialers and CRMs.

CLIENT REPORTING

Weekly inputs/outputs, insights, next steps



MINI CASE WINS

- D2C 4% → 9% with multi-numbers
- Connects doubled shifting calls to 2–3pm
- Meetings +40% by switching from parallel to power dial

TAKEAWAY

Benchmarks set the floor. Coaching, reporting, and industry calibration drive agency growth. Salesbot powers the data layer behind it.



www.salesbot.io

Cold Calling Playbook

2026